

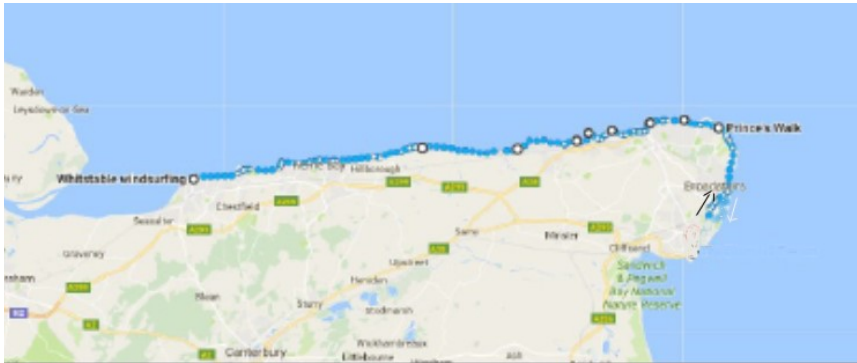
Coastal Walk to D'FEET MND

MOTOR NEURONE DISEASE (MND)

25 miles Whitstable to Broadstairs
13 miles Minnis Bay to Broadstairs
5 miles Kingsgate (Botany Bay Hotel) to Broadstairs
Raising money to support people living with MND

Sunday 20th May 2018

Join us for a fabulous walk along the East Kent coast and help raise funds to fight MND. We are seeking a world free of MND



Full details mnda-eastkent.org.uk/walk18 or [Facebook.com/mndawalk](https://www.facebook.com/mndawalk) where there are links to download training plans, walk directions and sponsorship forms.

Registration is £10 which includes T shirt and insurance at mnda-eastkent.org.uk/walk2018

We ask all walkers to get as much sponsorship as possible.

Donations mnda-eastkent.org.uk/donate Enquiries walk2018@mnda-eastkent.org.uk

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MAUGHAN**
Solicitors



Charity number 294354