

# Coastal Walk to D'FEET MND

## MOTOR NEURONE DISEASE (MND)

Choose from 24 miles Whitstable to Broadstairs start 07.00

11 miles Minnis Bay to Broadstairs start 11.00

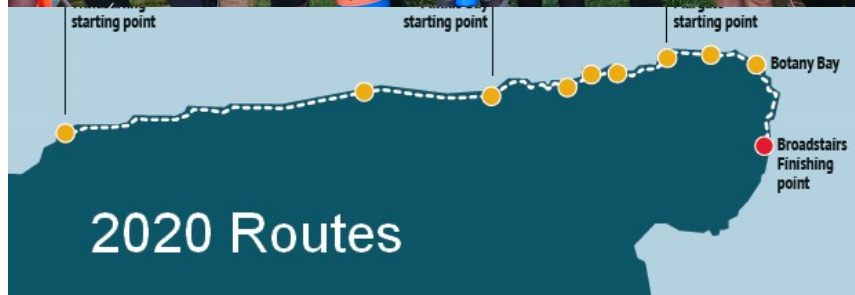
6 miles Margate to Broadstairs start 13.45

Raising money to support people living with MND

# Saturday 6th June 2020



Some walkers above and our routes below



Full details are available at [mnda-eastkent.org.uk/walk20](http://mnda-eastkent.org.uk/walk20) or [Facebook.com/mndawalk](https://www.facebook.com/mndawalk) where there will be links to download training plans, walk directions and sponsorship forms.

Register at [mnda-eastkent.org.uk/walk2020](http://mnda-eastkent.org.uk/walk2020) registration is £10 which includes T shirt and insurance.

To donate please visit <https://www.justgiving.com/fundraising/coastalwalk2020>

We ask all walkers to get the maximum sponsorship possible to support people living with MND in East Kent. Please visit <https://www.justgiving.com/team/coastalwalk2020/> to join our JustGiving Team.

Greenwich  
Kitchen

The place to eat when visiting the O2



Registered charity No. 294354